

# **Elect WOC Training Institute**

September 25, 28, & 29, 2021

#### **About Lillian's List**

Recruits, trains, and supports women who are champions of reproductive freedom and gender equity running for office in NC.

Trains women candidates (running at all levels) and campaign staff and volunteers of all genders to run any level of campaign.

New program to recruit women to run at the local level headed by Jessica Holmes.

Lillian's List PAC endorses and funds women at the General Assembly and Council of State levels. These are our Featured Candidates.



#### **Resource Center**

You will receive the link to the **EWOCTI Resource Center**. Some materials will be added over the next week. The Resource Center is private the information is meant only for alumni of this training. **Please do not share this information.** You will be subscribed for two years.

Contains: copy of slides, worksheets, the Social Media webinars, and documents from the facilitators.

Social media webinar conducted by former Commissioner of Agriculture candidate **Jenna Wadsworth**.



### Agenda - Saturday, September 25th

Welcome & Icebreaker

Campaigns 101 - with Deandrea Newsome

20 minute break

**Lunch Panel** 

- -Plenary
- -Breakout groups

25 minute break

Personal Narrative Development - with Kara Hollingsworth

Rolodexing assignment and Goodbye

\*Same Zoom link all day!



#### **Icebreaker**

Name

City

What is something that excites you about running for office?



# Campaigns 101

with Deandrea Newsome



#### **Trainer - Deandrea Newsome**

State Coordinator - Local Progress

US Senate Campaign Chair

Statewide Campaign Manager

Organizing Director

Community Organizer and Advocate

## Where to Run

President								
US Senate				US House				
NC Council of State								
Governor								
Lt. Governor								
Atty. General	Secretary of State	State Auditor	Treasurer	State Superintendent of Public Instruction	Comm. of Agriculture	Comm. of Labor	Comm. of Insurance	
Judicial Branch								
Supreme Court		Court of Appeals		Superior Court		District Court		
NC General Assembly								
State Senator				State Representative				

Local Municipal Government
County Commissioner
Mayor
City Council
School Board
Register of Deeds
Soil and Water Commissioner

Everyone is qualified to run for office.

There is no education level, job, life experience, income level that makes someone inherently qualified to run for office.

There is no such thing as the perfect candidate.

The main determination if someone can run for office is if they have the **time and flexibility** to campaign and serve.

# Questions!

# Campaign Timeline

## **Length of Campaign**

President - 2 year campaign (or entire life basically)

Legislative - 11 months

City Council/School Board - 6-8 months campaign

- Start early if you think you'll have a primary to scare away opponents.
  - Open seat means that there is no incumbent in the race.
  - Raising a good chunk of money or gaining critical endorsements will do this.
- Running unopposed can be a shorter campaign
  - Support other candidates!
  - Travel your district/state, never take running unopposed for granted.
  - But do not forget to fundraise...
- Ramp up field operations around 3 months before the election
- If you win your election you are always campaigning (i.e raising money for your next election cycle)



#### **Timeline**

\*\*Divide campaign timeline into 3 distinct time periods\*\*

#### 1.Getting set up

- Database, website, email address, digital calendar, social media accounts
- Establish committee with state board, hire compliance firm or find treasurer
- Campaign team (kitchen cabinet, manager, volunteers)
- Logo, headshots, business cards/walk cards, letterhead, postcards
- Campaign plan (budget, fundraising plan, field plan)
- Introduce candidate to the community
- Get to know community/state stakeholders

#### 2.Building period

- Raise money and reserve resources for final push, limit costs to bare necessities, adjust budget as needed
- Reach persuasion voters and drum up support among known progressive voters
- Work on key endorsements (PACs, Unions, Community Orgs, Key Individuals)
- Additional staff necessary?

#### 3.Sprint to finish

- GOTV Get Out The Vote
- Every spending decision should increase voter contact and mass communication
- Ignite your donor and volunteer network to maximize GOTV efforts
- Spend to zero!



# Questions!

# Campaign Roles

## **Campaign roles**

- Candidate
- Kitchen Cabinet
- Treasurer
- Manager (paid and volunteer)
- Other staff
- Volunteers

Every campaign is different!





#### .

## Candidate: the person on the ballot

New or non-elected candidate.

Appointed elected official running for the first time.

Incumbent candidate running for re-election.

Current elected running for a different office.



Sen. DeAndrea Salvador



Rep. Vernetta Alston



Sen. Natalie Murdock

#### Candidate Pipeline: The path towards higher office

#### **Congresswoman Alma Adams**

- 1. Greensboro School Board
- 2. Greensboro City Council
- 3. State Legislature
- 4. US Congress



#### **Vice President Kamala Harris**

- 1. District Attorney
- 2. Attorney General
- 3. US Senate
- 4. Vice President





# 66/100 counties in North Carolina that have 0 or 1 woman serving on the County Commission.

## Two jobs of a candidate

- 1) Talk to voters
- 2) Raise money

The manager's role is to create systems so the candidate can raise money and talk to voters.





### **Campaign Values**

Your campaign should reflect the values you are trying to bring to your community. Examples:

If you are trying to promote a fair minimum wage, you should try to pay your team accordingly.

If you value diversity, you should have a diverse team. You should also make sure to educate yourself on Diversity and Inclusion best practices.

Your campaign should be a reflection of your community.





#### Talk to Voters - VAN or Votebuilder

All registered voters in VAN have a score from strong progressive to strong conservative indicating how they're likely to vote.

Campaigns determine which voters to target with these scores.

Campaigns can pay for access to the VAN through the county party.



#### **Talk to Voters**

First, talk to progressive voters to

Introduce the candidate and why she can win Drum up enthusiasm Gain donations

Second, talk to **persuadable** voters (people in the middle)

Introduce the candidate and show contrast between the her and her opponent

In a primary everyone is trying to talk to the strong progressives.

Avoid solid conservative voters.



#### What are some ways campaigns talk to voters?

 The best way to talk to a voter is to canvass door to door (candidate and volunteer)

- Phone bank
- Text bank
- Community events
- Social media and digital ads
- TV/Streaming Ads
- Mail





<sup>\*</sup>Discuss the best methods with your manager.

## **Raise Money**

First, raise money from the candidate's **personal circle**.

Early funding to launch the campaign and make the candidate seem viable

Second, raise money from people who can **give the most**.

Typically, from people who give to candidates every election and support for an **ideological** or **strategic** reason.

Candidate's team can help raise from lower dollar donors.

Every campaigns determines their own high/low value.



#### What are some ways campaigns raise money?

- Personal circle fundraising
- Call Time to known donors
  - They know what this is all about
- Events/Fundraisers (virtual or in- person)
- Direct mail
- Email solicitation
- Social media solicitation
  - It goes down in the DM...

More fundraising on Wednesday!



# **SCHOOL BOARD**

\$200 - 6,000

## **CITY COUNCIL**

\$2,000-20,000

## **MAYOR**

\$30,000-550,000

COUNTY COMMISSIONER \$20,000-150,000



**NC HOUSE** 

\$250k - 550k

**NC SENATE** 

\$500k - 1mil

COUNCIL OF STATE \$500,000 - 1,500,000



Before agreeing to do something/go somewhere the candidate should ask herself
"Am I accessing new or major donors or reaching new voters by attending this event/speaking engagement?"

to determine if it is worth her time.



# Questions!

#### **Kitchen Cabinet**



- 4-5 people who will commit to helping a candidate from announcement to election day.
  - Volunteers who are close with the candidate before the race starts.
    - However, the Treasurer and Campaign Manager are a part of this team
  - Local
  - Provide emotional support
  - Sounding board
  - Will take on a variety of tasks
  - Diverse

This is a very helpful place to plug in on a campaign and make a big difference!



#### **Common Kitchen Cabinet Duties**

- Emotional support
- Provide local insight
- Expands the candidate's networks
- Helps raise money
- Helps with website
- Manage social media
- Promotes via social media
- Strategize with candidate
- Forum prep with candidate
- Helps in the candidate's personal life



# Questions!

## **Treasurer - very important!**

- Handles the income and disbursements and ensures all of the legal financial requirements are being met.
- <u>Legally</u> every campaign needs a Treasurer who is <u>certified</u> by the State Board of Elections.
- Treasurer must attend a training hosted by the State Board of Elections to become certified and have their name designated with the candidate's filing paperwork.
- In an active campaign the Treasurer should <u>NOT</u> be the candidate, candidate's spouse, or campaign manager.
- The candidate and manager should also know the rules and regulations.



#### **Treasurer - very important!**

- Can be a volunteer, stipend, or a compliance firm.
  - If you're raising \$50k or more hire a firm to be your Treasurer.
- Has access to the bank accounts and bookkeeping.
- Files the financial reports with the State Board of Elections in a timely manner. VERY, VERY IMPORTANT
  - You could be fined...
- Not typically a daily time commitment
- Does not need to be a professional CPA

HUGE need for Treasurers for smaller local campaigns.

Please indicate in the post-training survey if you'd be interested in being a Treasurer. We are compiling a list.



## Questions!

#### **Campaign manager**

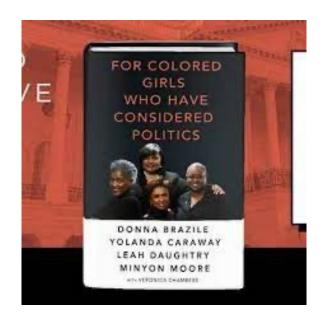
- Can be part time or full time
- Can be paid a salary or stipend or volunteer
- Estimate that if you're raising \$25-30k or more you should include a stipend for the manager
- Full time manager on a legislative races earns \$3500-\$4500 per month and works about 60 hours/week.

Every campaign is different so the duties of the Campaign Manager vary widely and depend a lot on the needs and skills of the candidate and her core team.



#### What are some duties of the Campaign Manager?

- Creating and implementing the fundraising, field, and communications plans and providing the candidate with what she needs to do within the plan.
- Dealing with consultants (political, mail, TV, digital) and partners
- Staying on budget
- Delegating tasks to the kitchen cabinet
- Logistics for events
- Setting up phone banks, text banks, or canvasses and managing the volunteers
- Managing social media accounts
- Managing the database or internal systems (voter and fundraising)
- Keeping the schedule
- Website edits
- Writing fundraising emails
- Working with the treasurer
- Crisis management





#### Other paid staff - it varies

Legislative race - manager, field organizer, interns

Congressional - manager, fundraising director, finance assistant, communications manager, field director, 1-2 field organizers, interns

Statewide - may have social media manager, more finance assistants, and field organizers around the state, interns

Most campaigns pay their interns now.

Entry level roles: typically social media, finance assistant, and field organizer.





### Questions!

# How to get involved

#### Places to look

- County parties need year-round help
- Sign up on a candidate's website
  - Attend a virtual event
- Reach out to incumbents currently in office
  - Incumbents host year-round events
- Lillian's List and other candidate organizations
- 2021 spring and summer start looking for local candidates
- 2022 January-February look for state level races
- Community or neighborhood groups on social media

Post training survey please indicate how you'd like to stay involved.



#### How do you think you can help?

- Run for office
- Encourage someone to run for office and join her kitchen cabinet
- Join your county's political party
- Become a Treasurer
- Donate to a candidate or candidate organization
- Host a fundraiser (virtual or in person one-day)
- Support a candidate via social media
- Phone or text bank
- Knock doors (summer and fall) (the most help needed)
- Be patient most of the volunteer work is done in the fall



## Questions!

# Thank you! 20 minute break and then re-join for our lunch panels



#### Panels with Elected WOC

moderated by Jessica Holmes

# Thank you! 25 minute break and then we re-join for Narrative and Storytelling.



# Narrative and Telling Your Story

with Kara Hollingsworth Three Point Strategies



#### 20 DEMOCRATS TO WATO SEN. JEFF MERKLEY BETO O'ROURKE SEN. SHERROD BROWN JOHN HICKENLOOPER REP. SETH MOULTON GOV. JAY GOV. STEVE BULLOCK SEN. MICHAEL BENNET TERRY MCAULIFFE MICHAEL BLOOMBERG REP. TIM **MS** NAS 410.96 NAS ▲10.96

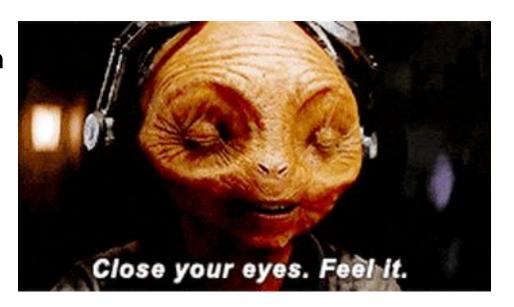




#### **Closed Eye Activity**

What's a formative lesson that you learned growing up?

...about who you are and your place in the world...

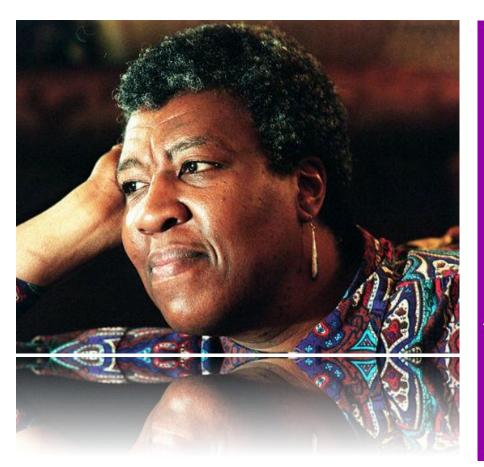




Narrative is about **shaping** our very **reality**. It's a tool for **creating** and wielding our own **power**.



#### **Creating OUR OWN Narratives**



"All organizing is Science Fiction. We are bending the future, together, into something we have never experienced. A world where everyone experience abundance, access, pleasure, human rights, dignity, freedom, transmissive justice, and peace."

- Adrienne Maree-Brown



# So What Is Your Story of Self?



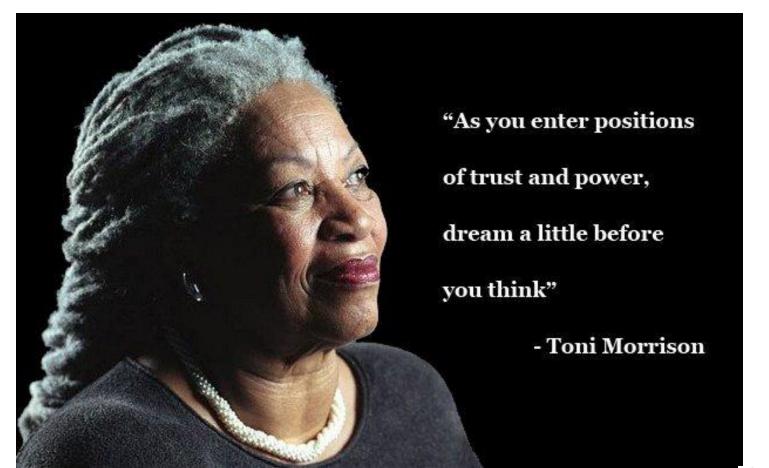
#### Challenge. Choice. Opportunity.



#### Rep. Cori Bush Challenge. Choice. Opportunity.









#### **Stump Speech Homework**

The candidate's personal story that tells us who the candidate is and why they should be elected.

- Introduction
- Who are you?
- What is the problem/challenge?
- What is your solution? (opportunity)
- The ask what do you want? (choice)





# Cory Booker Challenge. Choice. Opportunity.





## Rolodexing Exercise

Please complete this exercise before Wednesday's fundraising training. Thank you!

You will receive the link to the Resource Center in just a few minutes. Look for the worksheet titled "Rolodexing Exercise."



#### No candidate runs alone.

The purpose of rolodexing is to organize your personal circle to maximize your base of support for donations, volunteers, and other help.

Your rolodex/personal circle is unique to you!



# Step 1: List as many (or 6 for the worksheet) groups that you participate in. Cast a wide net!

- Friend or family groups (ex: high school friends, college friends)
- Professional groups (every job you've had)
- Quarantine pod
- Neighborhood groups
- Hobby groups (in real life and online)
- Social media groups
- Volunteer organization
- Clubs
- Parent groups
- School groups (alumni associations, PTA, children's friends parents)
- Inside and outside of the state
- Faith groups



# Step 2: Begin listing people you have contact information for from each of those groups.

List how much you guess each of these people could donate to your campaign. Don't expect to guess the exact right number. Go with your first instinct.

Step 3: List 6 people and how they could help on your campaign other than donating.



# Your rolodex should eventually become a list of everyone you've ever known.

The reverse side of the worksheet has more tips. Create your rolodex in a spreadsheet to make everything easy! Input the contact information you have and start gathering the contact info you don't have before you run. There are more tips in the following slides and you can find the slides in the **Resource Center.** 

Quiana McKenzie will go deeper into rolodexing on Wednesday. If you have any questions in the meantime please reach out to our Training Director Devon Roberts at devon@lillianslist.org.



#### Thank you for joining! Agenda - Day 2 and 3

#### Tuesday, September 28 6:00-7:30pm

Reproductive Justice and Policy Making Through a Feminist Lense - with Jina Dhillon

#### Wednesday, September 29 6:00-8:00pm

Fundraising with Quiana McKenzie

\*These are separate Zoom links you should have received.



#### **ROLODEXING TIPS:** Start from the beginning

When you were born, who did your parents tell they'd had a baby? Who do you remember from elementary school? Middle school? High school?

Who were your neighbors as kids?

What after school activities did you do?

Who babysat you?

Are you still in touch with any teachers you had?

What church did you attend as a child?

Who are your parent's friends?

What jobs did you have in high school?

Who came to your high school graduation party?

What clubs were you in in college?

Who lived in your dorm?

And on and on...





#### Rolodexing Resources (don't make this hard on yourself!)

- Family Tree
- Spouse's network
- Rolodex your parents, siblings, close friends, etc
- Social media
- Yearbooks
- Alumni networks, sororities and fraternities
- Invitation lists (bat mitzvah, quinceañera, grad party, wedding, baby shower...)
- Holiday card list
- Neighborhood association membership
- Clubs and hobby groups
- Volunteer organization



#### Tips for rolodexing

- Make your rolodex a Google spreadsheet you can access from all devices.
  - If the list is electronic you can update it from your phone/tablet as soon as you meet someone new.
- Don't put pressure on yourself, it won't help your memory.
- Go slowly rolodexing yourself, budget a lot of time
- Rolodex in stages on different days in case more people remembered
- Rolodex the candidates spouse, parents, siblings, and closest friends
- Crowdsource contact information if necessary
  - Work with your partner/sibling/parent to help jog your memory
- Be organized! Spreadsheet!



## **Elect WOC Training Institute**

## **Reproductive Justice**

applying the **lens** and finding your **messages** 

with Jina Dhillon Tuesday, September 28



## The Virtual Lounge













































Agreement 1: All viewpoints are welcome

Agreement 2: Speaking in "I statements"

Agreement 3: Maintaining confidentiality

Agreement 4: Step Forward. Step Back.



## Today is Wednesday



No



# How comfortable are you with the following statement...

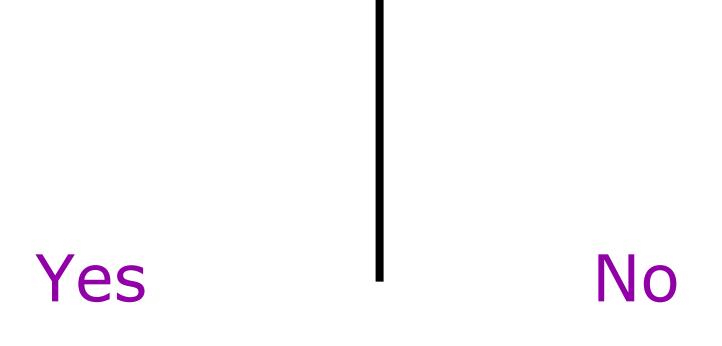
Every person is entitled to whatever resources and support they need in order to achieve self-realization, and the government's role is to ensure that they receive them.

Not at all comfortable

Extremely comfortable



## If I have control over my body, I have control over my destiny.



























## **Reproductive Justice defined**

- Right to bodily autonomy; to have children, not have children, and parent in a safe, sustainable community
- All people have the economic, social, and political powers and resources to make healthy decisions about their bodies, gender and sexuality, and families for ourselves and our communities in all areas of our lives.
- Reproductive Justice (RJ) happens when all families thrive.



## Reproductive Oppression...

...involves governments, institutions and individuals controlling and exploiting people's sexuality, labor and reproduction

## Reproductive Justice...

...is achieved when all people have the economic, social and political power & resources to make healthy decisions about their bodies, sexuality and reproduction for themselves, their families and their communities in all areas of their lives



## **Strategies of Reproductive Oppression**



#### **Economic Marginalization:**

Groups of people are restricted from participating in and benefitting from mainstream economic activities.



**Political Subordination**: Groups of people do not have power to decide for themselves and are not allowed to be part of the decision-making process of policies that impact their reproductive lives.



Assimilation: The reproductive knowledge, attitudes and behavior of groups of people are demonized and are portrayed through cultural references as unnatural, inhumane or immoral.



Perpetration and/or Threat of

**Violence:** Harm or threat of harm is inflicted upon certain groups of people just because of who they are. The harm can be physical, sexual, psychological or spiritual violence



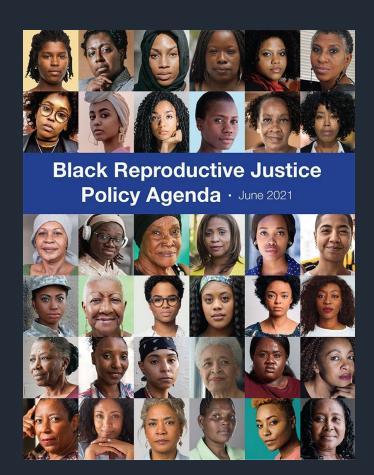
**Control of Bodies, Gender & Sexuality:** Certain groups of

people are stopped from determining and expressing their own bodies, gender identities, sexual preferences and orientations

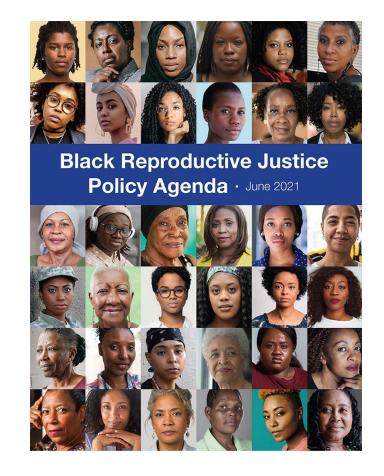


**Regulation of Families:** The ability of certain groups of people to form, make decisions about and support their families are restricted and/ or controlled by other agencies.





"Finally, we demanded that Black women be represented on local, state, and national bodies involved in the planning, review, and decision-making processes..."





### Table of Contents

Introduction: A Reproductive	Justice Lens
on Policy Change	
Sexual & Reproductive Health	17
Maternal Health	Chronic Health Conditions
Maternal Health Care for Incarcerated	Reproductive Cancers
Black People	Mental Health
Contraceptive Equity & Reproductive Health Care 13	Assisted Reproductive Technology
Access to Abortion Care	& Genetic Engineering
Sexual Health Education	
Social Justice, Community Ju	ıstice, & Safety 32
Voting Rights	Housing Justice
Police Violence	Immigrant Justice
Sexual Assault	LGBTQ+ Liberation
Economic Justice	Aging57
Education Justice	Black Parents Who Have a Disability
Environmental Justice44	Sex Work
Exposure to Dangerous Chemicals	Research
Food Justice	
Religion & Reproductive Justi	64



Sexual and Reproductive Health:

Maternal Health

#### **ANALYSIS**

Black women have the highest rates of maternal mortality in the country and are two-to-three times more likely to die of pregnancy- and childbirth-related causes than women of other races and ethnicities.

Black newborns also have worse outcomes than their counterparts: they face the highest rate of infant death compared to all other races/ ethnicities, with more than double the rate of white babies' mortality

**Birth Justice** is achieved when individuals can make informed decisions during pregnancy, childbirth, and postpartum, that is free from racism, discrimination of gender identity, and implicit bias.



## **Small Group Exercise**

What policies do you think need to be in place for people to experience pregnancy and childbirth without endangering their lives?



#### Sexual and Reproductive Health:

#### Maternal Health

#### **Policy Agenda**

- Establish a Federal Office of Sexual and Reproductive Health and Wellbeing
- Increase funding for doulas and midwifery care in federal healthcare programs
- Pass legislation that guarantees comprehensive, holistic maternity care for a minimum of one year postpartum
- Fund programs that ensure anti-Black racism as well as diversity and cultural competency training for health care and medical professionals
- Support and fund an epidemiological infrastructure that accurately tabulates morbidity and mortality across all states and U.S. territories
- Implement monthly financial supplements or universal incomes for low-income pregnant people

- Remove cost-sharing for preconception care; labor-, delivery-, and pregnancy-related labs; mental health; and postpartum visits
- End coercive, non-consensual drug testing and criminalization of substance use for patients, including pregnant people
- The Black Maternal Health Momnibus Act (collection of 12 pieces of legislation to address MH)
- Mommies Act (minimum 12-month postpartum leave)
- Pregnant Workers Fairness Act (requiring reasonable workplace accommodations for pregnant workers)



Sexual and Reproductive Health:

Sexual Health Education

#### **ANALYSIS**

Sexual health education is a catalyst to the information and empowerment needed to navigate if, when, and how to engage in safe and consensual sexual activity

Sexual health education that is comprehensive, medically accurate, and culturally sensitive is effective at reducing reproductive and sexual health disparities and enabling people to get the tools and information needed to make the best decisions about our own bodies.

An indicator of the pressing need for sexual health education is Black youth's disproportionate risk of experiencing unintended pregnancy and STIs, including HIV, the virus that causes AIDS.



## **Small Group Exercise**

What do you think is the biggest challenge—and how would you address it?—to ensure that all young people have the sexual health education that they need to make positive and informed decisions about their lives?



Sexual and Reproductive Health:

Sexual Health Education

#### **Policy Agenda**

Prevent "religious freedom" from blocking access to comprehensive sexual health education

Increase funding for the Teen Pregnancy Prevention Program

Expand funding for increased sexual and reproductive health education for vulnerable populations

Real Education for Healthy Youth Act

PrEP Access and Coverage Act



Sexual and Reproductive Health:

**Abortion** 

#### **ANALYSIS**

Abortion is a safe, legal, time-sensitive medical option. There are many reasons that a pregnant person might decide that abortion is their best option.

More than ever anti-choice activists are succeeding in their efforts to systematically dismantle the abortion care system and erect barriers that make services inaccessible— particularly for people who lack economic means and/or high-quality insurance.

Between 2011 and 2017, states enacted more than 400 medically unnecessary restrictions to curtail access to needed abortion care.

In a national survey, the majority (80%) of Black individuals said that abortion should "remain legal and women should be able to get safe abortions." Three-quarters (76%) agree that health insurance should cover abortion care.



## **Full Group Discussion**

Are you comfortable talking with friends, family, or colleagues about abortion issues? Where do you think people get information about abortion access?



Sexual and Reproductive Health:

**Abortion** 

#### **Policy Agenda**

End all federal bans on abortion care coverage

Allow trained and licensed advance practice medical professionals to provide early abortion care

Institute preclearance provisions for states and local governments with a history of restrictive and non-evidence-based reproductive policies

Prohibit the abuse of "religious freedom" to restrict and/or ban access to abortion care

Remove all cost-sharing for abortion services

Eliminate funding for crisis pregnancy centers



Social Justice, Community Justice, & Safety

**Economic Justice** 

#### **ANALYSIS**

On average, Black women who work full-time for a year make just .63 cents for every \$1.00 a white man does for doing the same job.

Black women are disproportionately segregated into work sectors that are the least likely to have access to paid family leave, paid sick leave, and meaningful protections for pregnant workers. Lacking these protections, many Black families are forced to choose between taking care of their families' health needs and losing their jobs.

Debates about economic inequality must encompass racial and gender inequality.



Social Justice, Community Justice, & Safety Economic Justice

#### **Policy Agenda**

Provide reparations for Black people

Establish a universal basic income program

Make new child tax credits permanent

Student Loan Debt Relief Act



## **Small Group Exercise**

What do you like about this policy agenda?

Is there anything you would change?



Religion and Reproductive Justice

#### **ANALYSIS**

Faith in God served as a source of hope and inspiration for enslaved Africans enduring the brutality and horrors of slavery

Recent work by the Pew Research Center found that Black Americans are more religious than the American public overall—nearly two-thirds of Black women reported religion was an important aspect of their lives.

At the same time, religion has long been weaponized to shame, blame, and control Black women's reproductive and sexual health.

Womanist theologist Delores Williams: Black women understand "making a way out of no way" as a testament to a higher power supporting their struggle for liberation, equality and justice



## **Full Group Discussion**

Are there other ways that you could see religion coming up for you as you develop your policy agenda?



## Thank you!

Tomorrow, Fundraising 6-8PM!

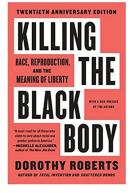


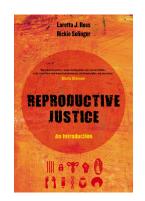
## Reproductive Justice: an essential reading list

Reproductive Justice: An Introduction by Loretta Ross and Rickie Solinger

Killing the Black Body by Dorothy Roberts

Universal Declaration of Human Rights, United Nations









## Applying the lens...and what do we see?

Issue/Area of life	Human rights standard*	Fundamental RJ principle**	What's the view?
Education	Right to education that is free and supports the full development of human personality; higher education equally accessible to all	You have a right to maintain your personal bodily autonomy, have children, not have children, and parent the children you have in a safe and sustainable community.	
Health	Right to a standard of living adequate for the health and well-being of yourself and your family		
Economics	Right of equal access to public services; social security; dignity and free development of the personality; just and favorable work conditions and pay		
Social Well-being	Right to rest and leisure, reasonable work limits and PTO		
Rule of Law	Right to participate in government; peaceful assembly; equal protection of the law		

## Having conversations on RJ with constituents (your human colleagues)

**Control.** What does control of bodily autonomy, childbearing, and childrearing look like in your community? How does it make people feel?

**Power.** Is it possible to use power for good? How and when is power used for bad?

**Justice.** What does a world of reproductive justice look like to you?



## Full group exercise

reflect, share (opt.), & listen

#### Control.

Has there been a time in your life when you felt you didn't have control (or lost control) over your bodily autonomy, or your decision about if when, or how to have children?

How did it feel?



## Small group discussion reflect, share, & listen

**Power.** (social, economic, political, cultural)

Have you ever seen power used to protect bodily autonomy, and support decisions about if, when, how to form a family? Share an example.

How have you seen power violate bodily autonomy? How does it limit people's choices when it comes to forming a family?



# Small group discussion reflect, share, & listen

#### (Reproductive) Justice.

Reflect on your vision of reproductive justice for the world. What do you see?

Choose 3 words that describe your vision.

Share and listen to each others' words.



# Thank you!

